



Hello setter!

Thank you for your interest in training with SetterU.

We offer technique based, detail oriented training to setters from all over the state and country and we are so excited you are considering traveling to Austin, Texas to further your setting journey! Our process for out of towners is pretty simple. Just tell us when you plan on coming to town, how long you plan on staying and how many hours over that time you would like to train. We also need to know if you'd like to do private lessons or join group sessions or both. We will come up with a plan together and I will schedule it all on my end. Most high level athletes should be able to do 2-3 sessions per day 1-2 hours each session. But again, we can tailor it to whatever U would like. 😊

LOCATION: The U – 720 S Bell Blvd Unit 7A, Cedar Park, TX (About 20 miles northwest of Austin)

COST: Private 1:1 lessons are \$99/hour and group sessions are \$65-\$115. Groups are 90 minutes with up to 6 players with 2 coaches. These are beneficial so you can work with others in a more realistic scenario and work on implementing the new concepts you learn in the 1:1 sessions.

PAYMENT: You will receive an invoice at the end of all your training sessions and you can pay it online with a credit card.

Let's get to know each other before you get here! Please send me either your instagram handle and/or a link to either game highlights or training videos. I would like to have an idea of your setting technique and style before we train together. On the flip side, I encourage you to follow our instagram @setter_u and scroll around to start to understand what we do and what we teach.

Please email me jesigrisham@gmail.com to take the next steps to scheduling with SetterU and please do not hesitate to ask questions. I hope we can meet you at The U very soon!

Thanks,

Jesi Grisham-Perez
SetterU Director and Owner
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